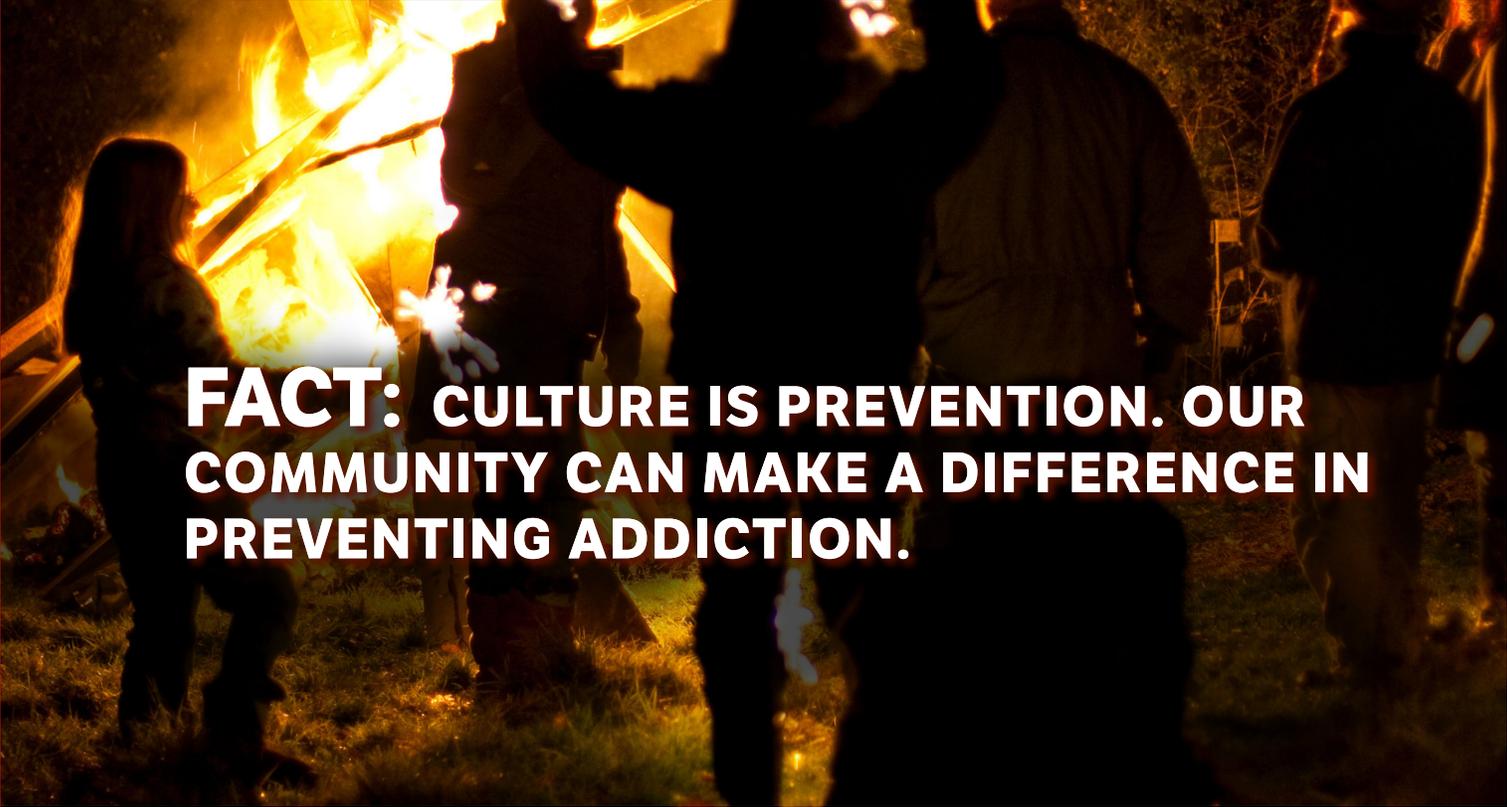


DOSE OF REALITY FOR COMMUNITIES AND FAMILIES



FACT: CULTURE IS PREVENTION. OUR COMMUNITY CAN MAKE A DIFFERENCE IN PREVENTING ADDICTION.

What kind of drugs are prescription painkillers?

Prescription opioids or narcotics are painkillers prescribed by doctors, typically in pill form, to help patients with severe or chronic pain. When they're taken as directed, they're relatively safe and can be beneficial...but there's always a risk of addiction.

Some common prescription painkillers include:

- Oxycodone
- Hydrocodone
- Diphenoxylate
- Morphine
- Codeine
- Fentanyl
- Propoxyphene
- Hydromorphone
- Meperidine
- Methadone

What are signs of addiction to watch for?

Some signs are physical, and some are behavioral. Some common telltale signs include:

- Noticeable feeling of extreme happiness
- Marked sleepiness/drowsiness
- Small pupils
- Slowed breathing
- More frequently nodding off
- Loss of consciousness
- Constipation
- Confusion
- Dramatically changing moods
- Social withdrawal or new friend group
- Loss of interest in sports or hobbies
- Change in eating, sleeping, or personal hygiene
- Taking medication for reasons besides pain
- Consistently late to school/work or increased absences



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PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN.

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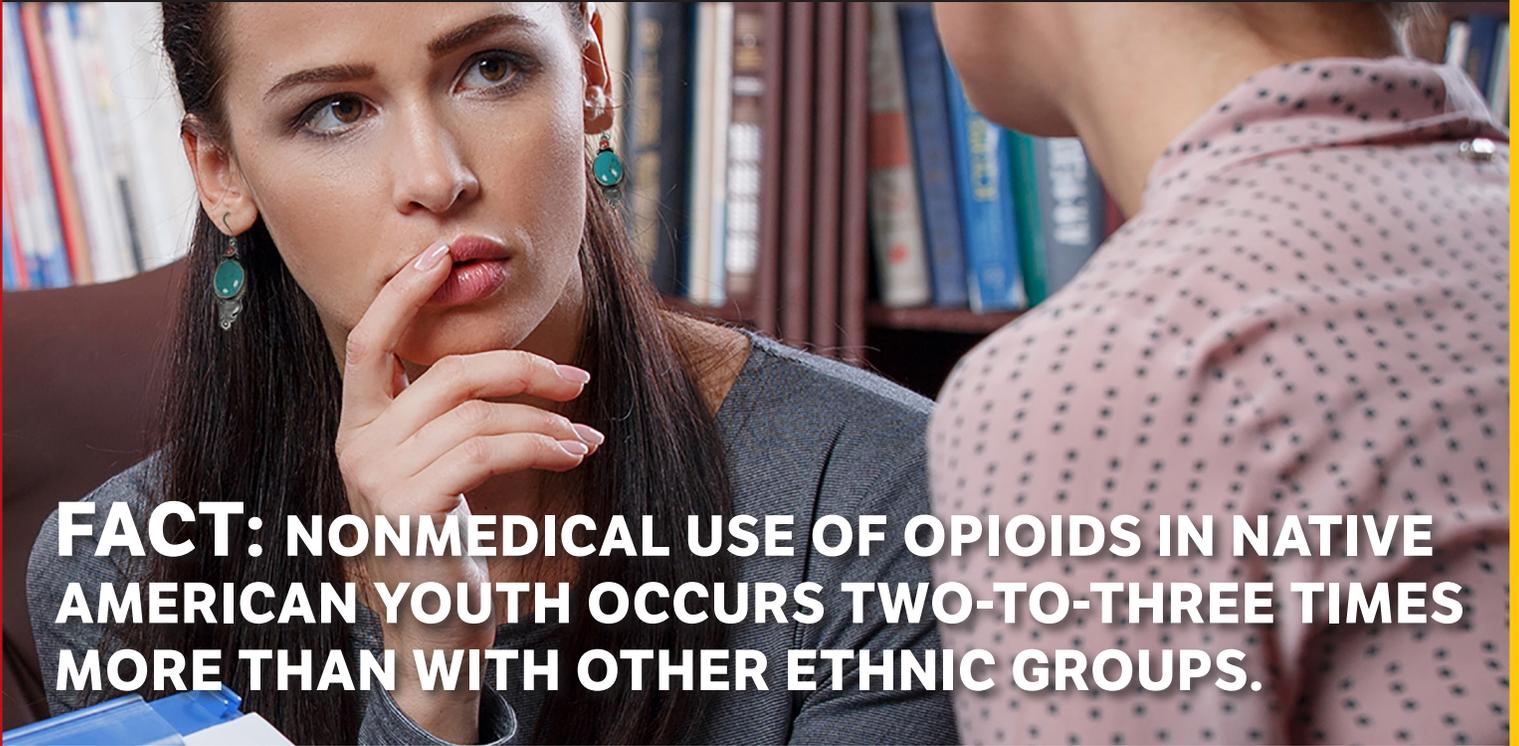
Learn more at:
DoseOfRealityWI.gov

A message from Wisconsin Department of Justice, Brad Schimel, Attorney General, and the Wisconsin Department of Health Services



Wisconsin
Department of Health Services

DOSE OF REALITY FOR COMMUNITIES AND FAMILIES



FACT: NONMEDICAL USE OF OPIOIDS IN NATIVE AMERICAN YOUTH OCCURS TWO-TO-THREE TIMES MORE THAN WITH OTHER ETHNIC GROUPS.

Adverse childhood experiences can put Native American youth at higher risk for developing addictions to opioids, heroin, and other substances.

What our community can do:

- Understand that generational trauma is likely to contribute to the risk of addiction and address generational trauma in our families and community
- Seek ways to engage young people in our culture and community to generate pride and connection
- Respect our elders and their medications - it is illegal to share or steal prescriptions
- Realize that prevention is possible and join together to educate
- Teach families about Adverse Childhood Experiences and what we can all do to take action with those at-risk
- Encourage those misusing medications to seek help and support treatment
- Adverse childhood experiences are: stressful or traumatic events, such as abuse, neglect, and witnessing household dysfunction, including substance abuse



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